FRESH JUICES OR BLENDS

freshly squeezed or whole fruit blended



9.50

8.90

8.50

9.50

8.90

orig

med

orig

med

sml



Two & Five†

Orange, apple, carrot, cucumber, celery, beetroot, spinach & ice + vita booster



Energiser† Orange, strawberries, banana & ice + energiser booster^



CREATE YOUR OWN JUICE

SELECT YOUR BASE

Apple

- Carrot
- Coconut water
- Orange
- Pineapple
- Watermelon

THEN ADD YOUR INGREDIENTS

- Banana
- Beetroot
- Blueberry
- Celery
- Cucumber
- Dates
- Ginger
- Grapes
- Kale
- Lemon
- Mango
- Mint
- Passionfruit
- Raspberry
- Spinach
- Strawberry

LEAN & GREEN

medium size under 200 calories

Caribbean Green

milk. coconut water & ice



Pure Eden Super Smoothie[†]

Apple, pineapple, grapes, kale, spinach, cucumber, lemon, banana, mint, coconut water & ice + all greens booster



Mango, passionfruit, banana, spinach, mango nectar, coconut



Grape Escape

Grapes, spinach, pineapple, banana, coconut water & ice

PROTEIN & ENERGY

source of protein for when you need a lift



Energy Lift[†]

Tropical juice, banana, mango, mango yoghurt, ice + energiser booster^(5.4 g of protein*)



Gym Junkie†

Strawberries, banana, low fat milk, strawberry yoghurt, vanilla yoghurt, whey protein & ice (20.5 g of protein*)



Weekend Warrior[†]

Banana, blueberries, oats, dates, coconut water, whey protein, chia seeds & ice (21.1 g of protein*)



Protein Supreme Super Smoothie[†]

Banana, muesli, dates, honey, coconut water, coconut milk, whey protein, chia seeds, cinnamon & ice + immunity^‡ & vita boosters (30.1 g of protein*)



Brekkie to Go-Go[†]

Banana, muesli, honey, low fat milk, vanilla yoghurt & ice + energiser booster^

MOST POPULAR

real fruit smoothies & crushes

orig | 7.90 med | 7.50 sml | 6.90



Mango Magic

Mango, banana, mango nectar, vanilla yoghurt & ice



Banana Buzz

Banana, honey, low fat milk, vanilla yoghurt & ice



All Berry Bang

Strawberries, raspberries, blueberries, apple juice, strawberry yoghurt & ice



King William Chocolate

Chocolate, banana, low fat milk, vanilla yoghurt & ice



Passion Mango

Tropical juice, mango, passionfruit, mango yoghurt, sorbet & ice



Strawberry Squeeze

Strawberries, banana, apple juice, strawberry yoghurt & ice



Green Tea Mango Mantra†

Mango, green tea^, mango nectar, vanilla yoghurt, sorbet & ice + immunity booster^‡



Watermelon Crush

Freshly juiced watermelon, tropical juice, sorbet & ice



Mango Tango Crush

Mango, passionfruit, mango nectar, tropical juice, sorbet & ice



Berry Crush

Raspberries, strawberries, blueberries, apple juice, sorbet & ice

KIDS

so yummy they'll think it's naughty

kids 6.90



Banana Bandit

Banana, milk, dates, vanilla essence, chia seeds & ice



Berry'd Treasure

Strawberries, banana, apple, milk, dates, superfruit booster & ice



Mango Magician

Mango, orange, carrot, pineapple, banana, apple, passionfruit, coconut water & ice



Choc Champion

100% cocoa powder, banana, blueberries, milk, kale, dates & ice

BOOSTERS

0.70

POWERPACK ADD 3 FOR 1.40

- Protein[†]
 Whey protein
- Immunity^{*††} (vit A & C) Echinacea extract, vitamins A & C
- Chia Seeds
 Plant-based source of omega 3
- Superfruit

With cranberry, acai berry extract, pomegranate and goji berries, it's packed with antioxidants!

All Greens[†]

A blend of wheatgrass, alfalfa, barley grass, spinach, spirulina and broccoli plant powders

Energiser^{*}

Guarana extract, ginseng extract, taurine and vitamin E (vitamin E – 50% RDI)

Vita

At least 10% of your RDI of essential vitamins and minerals

EXTRAS

coconut water | extra fruit | soy milk | 60c

SEE OUR NUTRITIONAL FLYER FOR EVEN MORE DRINKS!